

Social Determinants of Health Working Group



Canada Health Infoway

Monthly Wednesday Zoom Meeting
July 6th, 2022 at 9am PT / 12pm ET

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Acknowledgement

We respectfully acknowledge that the land on which we are hosting this meeting – the land that sustains us – includes the ancestral territories of many First Peoples. Canada Health Infoway recognizes the colonial injustices, many of which continue today and continue to affect the health and well-being of Indigenous people. With the working group dedicated to addressing the social determinants of health it brings to light the importance of engaging in anti-colonial actions to address the historical and ongoing inequities experienced by Indigenous communities. We invite all attendees to reflect on the privilege they have of living, working and playing in the territory from which you are joining this call, and to come with an open heart and an open mind in forging culturally safe spaces and relationships.





Agenda

1. Land Acknowledgement and Introductions
2. Review of the past year's focus on measures on racism and discrimination
3. The Gravity Project
4. How our work can connect to the Gravity Project
5. Upcoming schedule and next steps



GROUND RULES FOR DIALOGUE



	Express disagreement with ideas not personalities
	Share airtime
	Stay on topic—connect to what others have said
	Understand & learn from each other

	We are all equal. Leave rank at the door
	Listen respectfully especially when you disagree. Acknowledge you have heard the others
	Look for common ground
	Identify & test assumptions

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Please mute your microphone, use chat to raise ideas.





Current Aims

- 1) bring a Canadian perspective to the GRAVITY project on the domain of racism and discrimination
- 2) see how looking across these three domains of 'racism and discrimination', 'healthcare access' and 'material circumstance' can bring an intersectional approach to data standards.



Measures we looked at

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| • In Plain Sight Report – Indigenous Peoples’ Survey |
| • In Plain Sight Report – Health Workers’ Survey |
| • Intersectional Discrimination Index |
| • Measure of Indigenous racism experiences |
| • Coronary Artery Risk Development in Young Adults (CARDIA IX_year30) / Experiences of Discrimination |
| • Perceived Discrimination Scale |
| • Major and Everyday Discrimination Scale v0.3 |
| • Asian American racism-related stress inventory |
| • Perceived racism scale for Latina-os |
| • Scale of ethnic experience |
| • Racial Microaggressions Scale |

Categorization of the Measures

Question Format

Because of who you are, have you ever been repeatedly harassed at work or school, where you live, or when accessing services?

Social Identities

Ancestry or national origins

Race

Ethnicity

Indigenous

Obesity

Gender

Religion

Height

Weight

Shade of skin color

Sexual orientation

Education

Income level

Physical disability

Other

Some other aspect of your physical appearance

Actions

Acculturation

Antiracism

Inferior

Avoidance

Conform

Disconnection

Exclusion

Harassed

Ignored

Insulted

Lack of confidence

Physical

Non-representative

Response

Rude

Safe

Stereotype

Stigma

Setting

School

Work/employment

Law enforcement

Property

Housing

Health/medical care

Government

Media

Public

Community

Service

Financial

Historical

Subdomains

Systemic Racism

Anticipated discrimination
Collective / Institutional Racism
Cultural Racism
Day-to-day/ Everyday discrimination
General Racism
Global
Individual / personal experiences of racism
Lifetime major discrimination
Perceived racism
Perpetual Foreigner Racism
Racism and Discrimination Stresses
Socio-Historical Racism

Racial Microaggression

Foreigner / Not Belonging
Invisibility
Criminality
Sexualization
Lower Achieving / Undesirable Culture

Ethnic Experience

Social Affiliation
Ethnic Identity
Mainstream Comfort

Individual Response

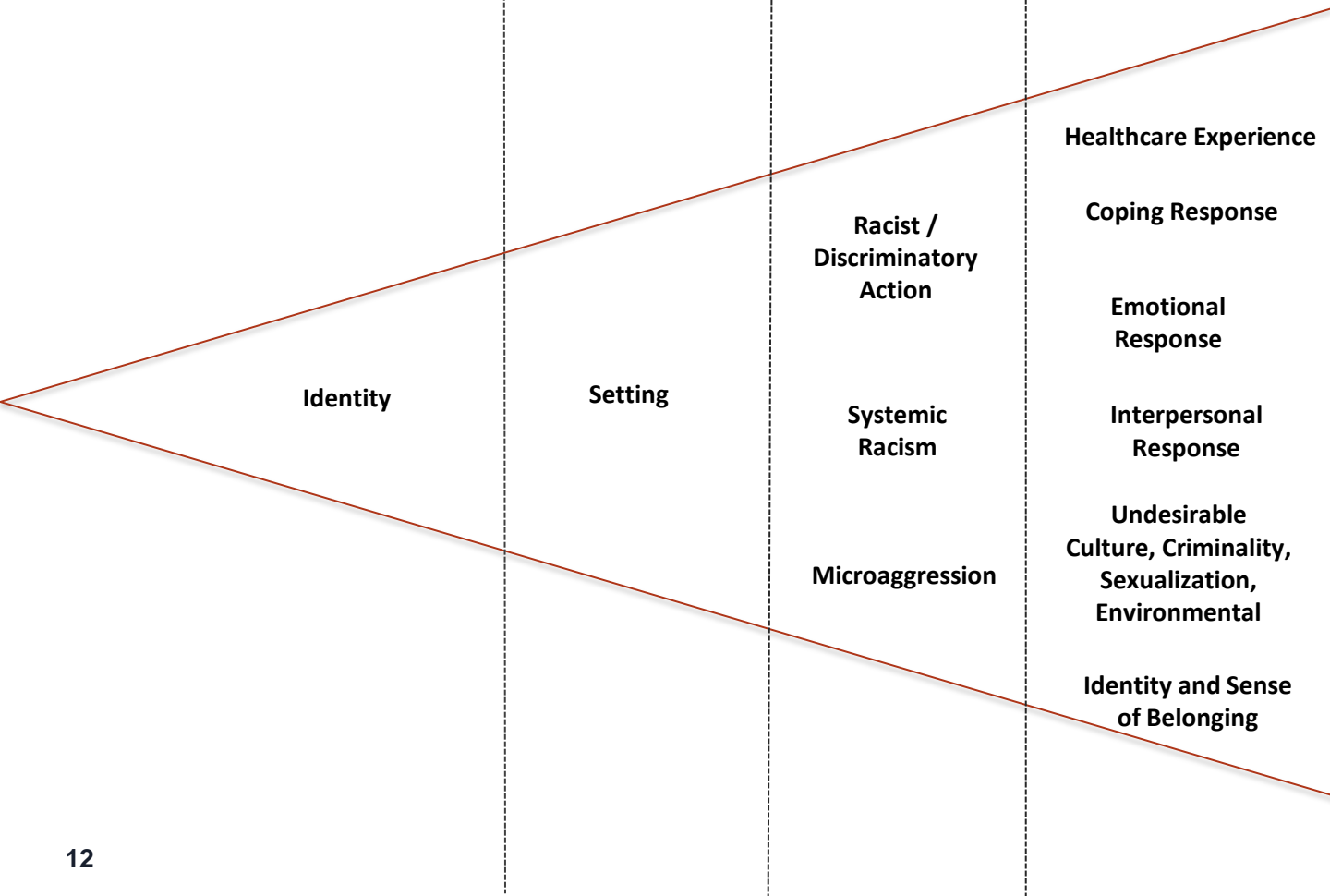
Emotional or Interpersonal Racism	Angry, annoyed or frustrated; Depressed, sad or bad; Helpless or powerless
Emotional	Afraid or silenced; Confused; Fragmented; Lonely, alienated, invisible, unsupported; Rejected or hated; Hurt; Paralyzed; Like I am struggling or stressed from proving my worth; A deep loss of my homeland or identity; Humiliated; Disillusioned or disappointed; Worry
Interpersonal Racism	Feel ashamed, humiliated, anxious or fearful; Feel amused, contemptuous or sorry for the person who did it; Get a headache, an upset stomach, tensing of your muscles, or a pounding heart?
Coping	Giving up or hiding my identity; Learning English; Struggling to prove my worth; Alienating myself from people who are not Latina/os; Trying to adapt to both cultures Speaking up; Talking about it with someone; Praying, having faith in God; Remembering my hopes and aspirations of the future; Learning my rights and making a serious change (i.e., starting a work union or my own business); Seeking professional help Holding my emotions in; Ignoring it; Becoming physically aggressive

Specific Question on Healthcare Setting

Healthcare Experience
Ignored in health care settings
Refused treatment
Treated with disrespect
Feeling unsafe
Given the wrong or neglectful diagnosis, treatment, referral, discharge
Given culturally insensitive services
Not encouraged to practice traditional medicine

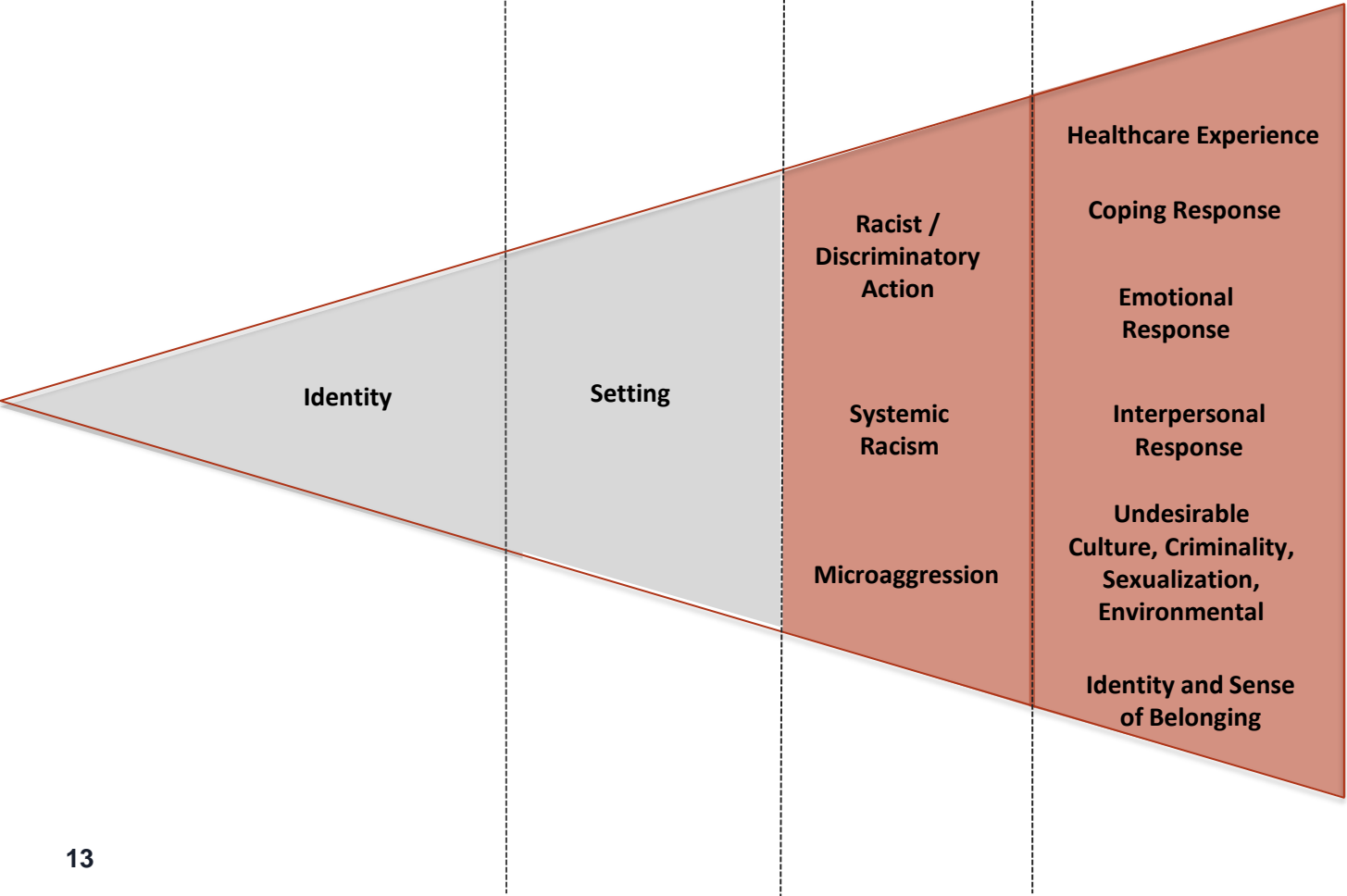
**Intersection of
Racism and
Discrimination
Material
Circumstance and
Healthcare Access**

Individual	Context	Unfair	Inequitable Outcome
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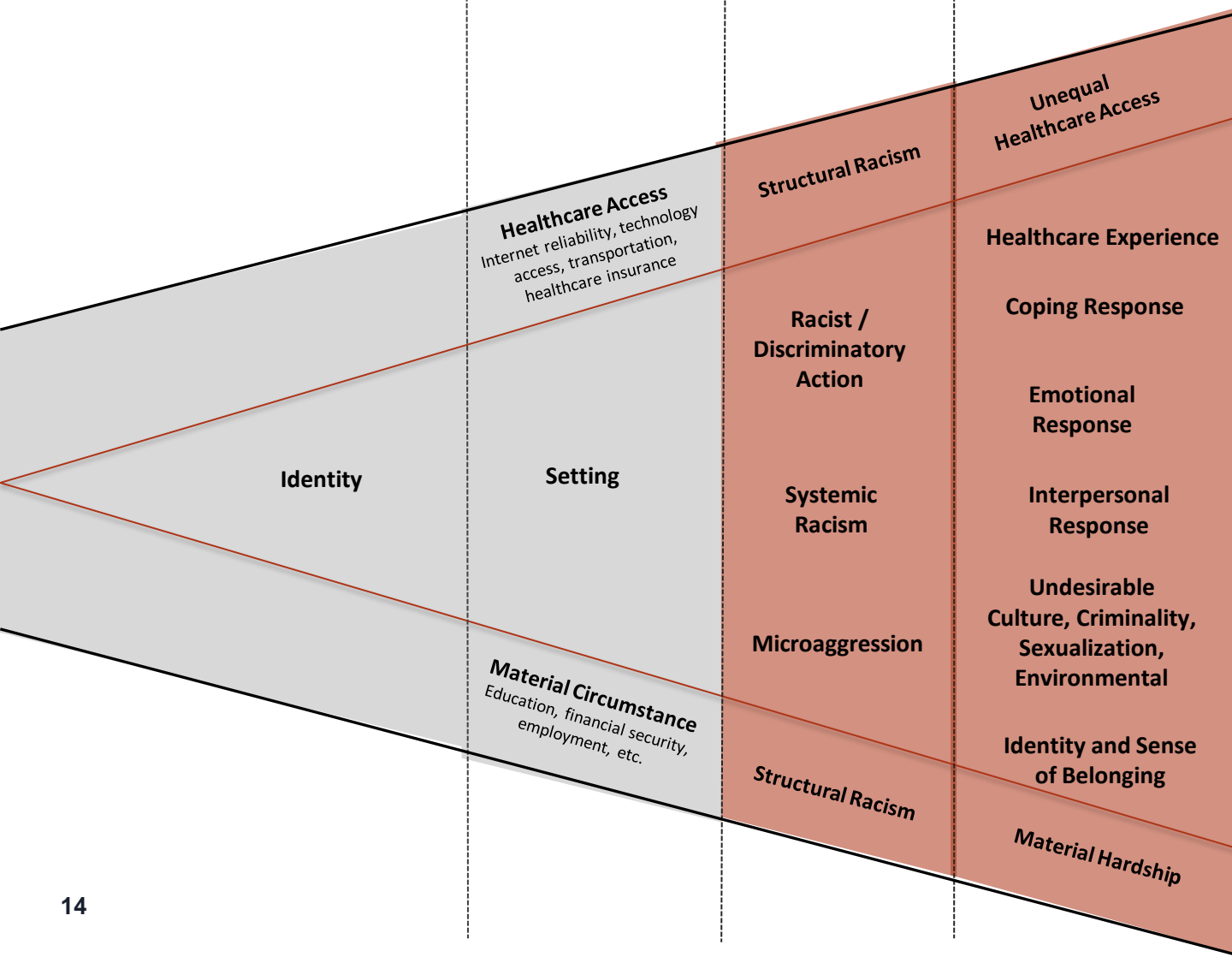
**Racism and
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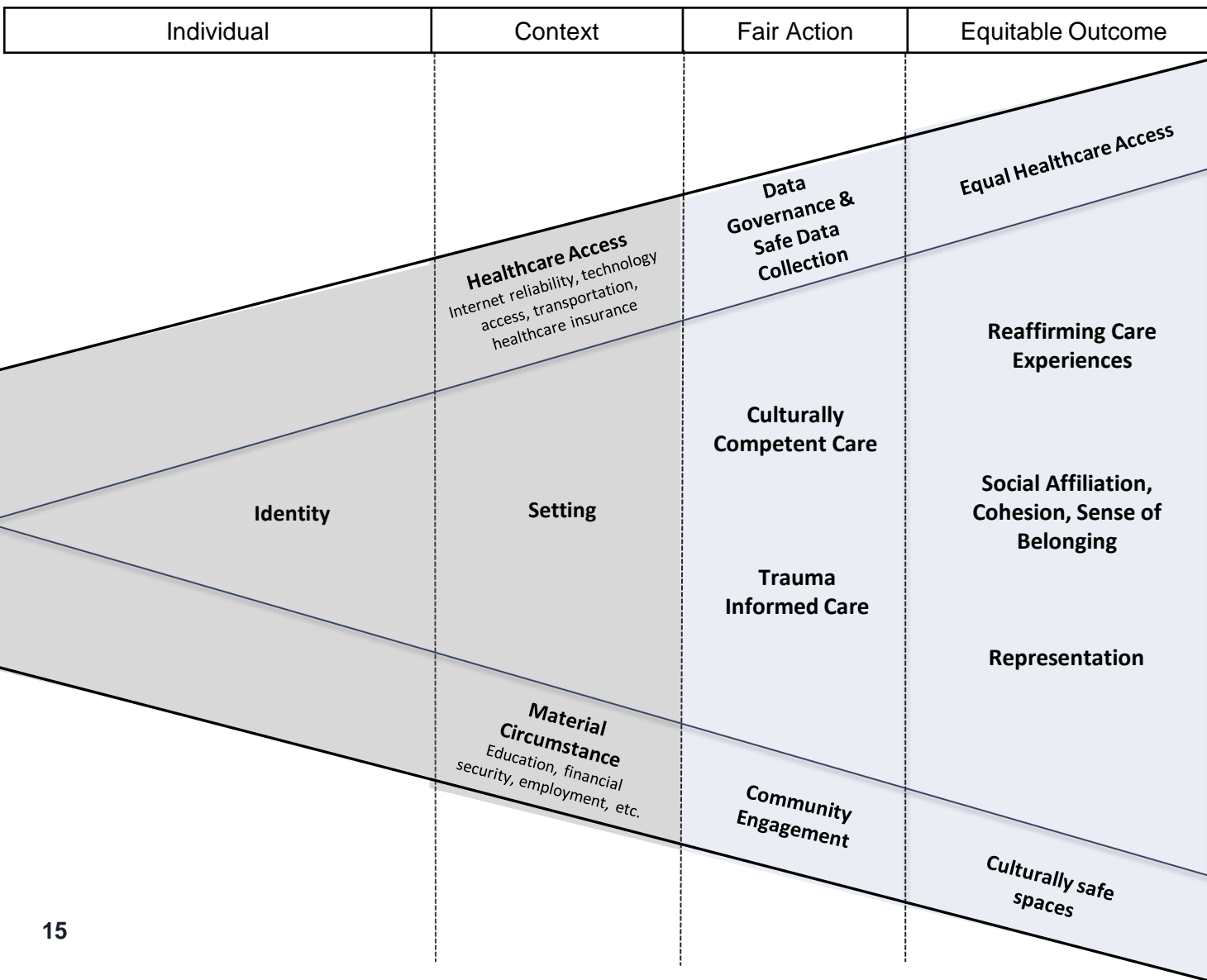


**Racism and
Discrimination**

Individual	Context	Unfair	Inequitable Outcome
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Intersection of Racism and Discrimination, Material Circumstance & Healthcare Access



**Strength-based Approach
 Identity, Healthcare Access and Material Circumstances**

Next Steps

- Summary Report
 - Draft should be ready by third week of July
- August's meeting is cancelled
- Next Meeting: September 7th
 - Jennifer Lawson and Kareen Hall will be the new co-facilitators

Thank you!

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