



RESOURCE DEVELOPMENT PROJECT

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GOALS

- Identify interactive strategies that enhance student engagement and across disciplines and beyond classrooms.
- Utilize technological tools to facilitate on-demand, open and free learning specific to certain domains.
- Evaluate the effectiveness of curricular innovations through student testimony and feedback.

IDENTIFY (PROBLEM, OPPORTUNITY)

PROBLEM

- Increasingly diverse society, clients from various cultural backgrounds and Spanish-speaking populations
- Lack of comprehensive, organized learning materials

OPPORTUNITY

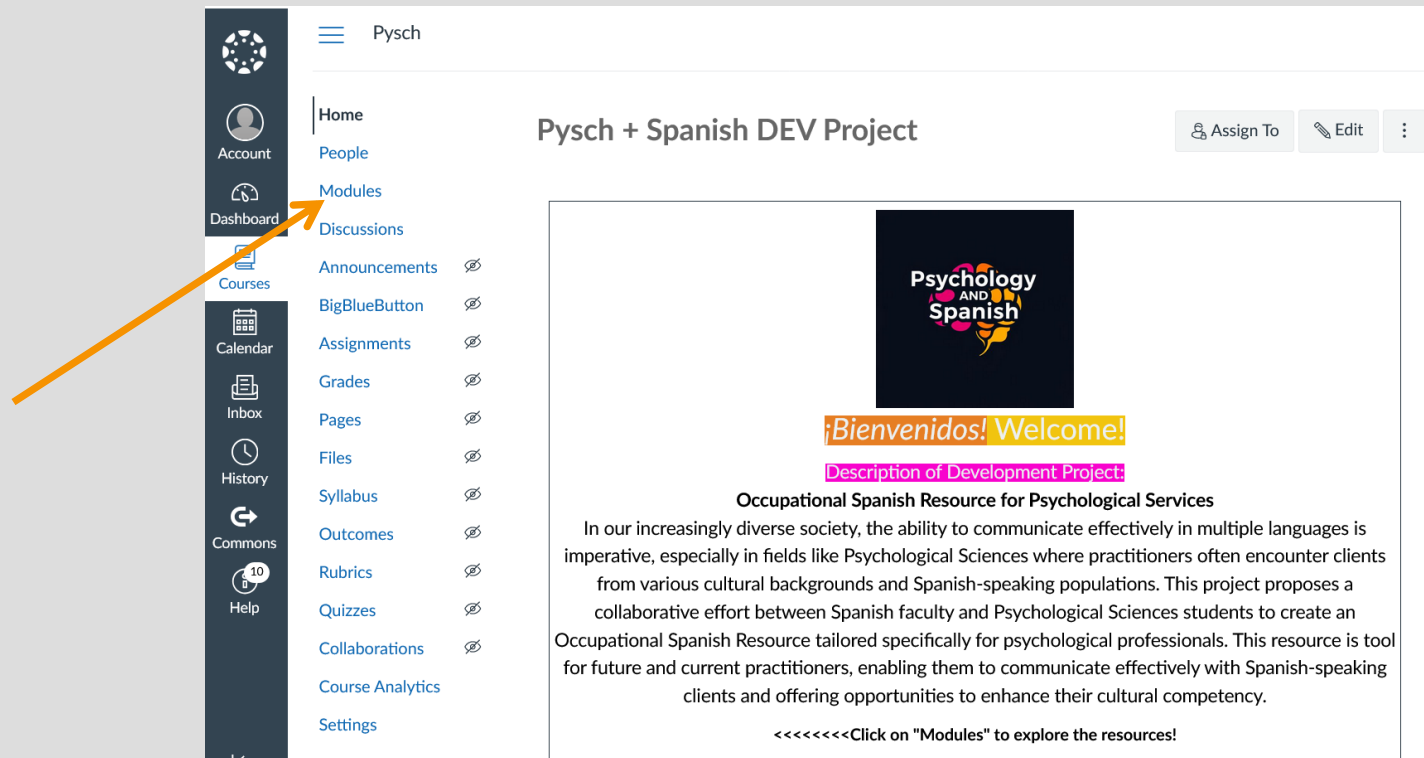
- Create and collect resources (language learning materials, cultural topics, and research)
- Promote effective communication with and treatment of Spanish-speaking clients
- Enhance cultural competency and understanding.
- Leveraging technology (open Canvas site) and interactive, open and free resources

DEFINE RESOURCES BY TYPE

- **Language Learning Resources**
 - Beginner and Intermediate/Advanced Modules
- **Culture Topics**
 - Relevant articles, videos, one-sheets
- **Research**
 - Annotated bibliography
 - Infographics / Brochures / Student Projects



EXPLORE RESOURCES



The screenshot displays a Canvas LMS interface. On the left, a dark sidebar contains navigation links: Home, People, Modules, Discussions, Announcements, BigBlueButton, Assignments, Grades, Pages, Files, Syllabus, Outcomes, Rubrics, Quizzes, Collaborations, Course Analytics, and Settings. An orange arrow points to the 'Modules' link. The main content area is titled 'Pysch + Spanish DEV Project' and features a 'Psychology AND Spanish' logo. Below the logo, a yellow banner reads '¡Bienvenidos! Welcome!'. A pink banner below that reads 'Description of Development Project:'. The text describes the 'Occupational Spanish Resource for Psychological Services' project, which aims to create a resource for psychological professionals to communicate with Spanish-speaking clients. At the bottom, a link says '<<<<<<Click on "Modules" to explore the resources!'.

EXPLORE RESOURCES

– LANGUAGE LEARNING

- External links
- Pages
- Adapted quizzes / online activities
- Open Educational Resources



Maletín Médico: [Intermediate Spanish for Healthcare](#) Copyright © by Giovanni Zimotti and Alexis Jiménez is licensed under a [Creative Commons Attribution 4.0 International License](#), except where otherwise noted.

Question 1 5 pts

Relacionar. ¿Qué significa GREET?

El GREET es el acrónimo de una herramienta usada por profesionales de salud que trabajan con pacientes latinos. Conecta cada letra con la imagen más apropiada.

1

2

3

4

5

GREET

Basic Questions / Responses

Preguntas generales (General questions):

¿Cómo se siente? (How do you feel?)

¿Cómo está? (How are you?)

¿Cómo se ha sentido? (How have you felt?)

¿Cómo ha estado? (How have you been?)

¿Qué tiene / *trae? (What's the matter?)

Me siento ... (I feel ...)

Estoy ... (I am ...)

Me he sentido ... (I've felt ...)

He estado ... (I've been ...)

Tengo ... (I am ...)

EXPLORE RESOURCES

– CULTURE TOPICS

- Worksheets and one-sheets
- Culture pages / External Links

KidsHealth > Niños > Conciencia plena para bajar el estrés

Conciencia plena para bajar el estrés

in English: [Be Mindful to Stress Less](#)

Revisor médico: [D'Arcy Lyness, PhD](#)

 Escuchar  imprimir

¿Demasiadas cosas en la cabeza?

La mayoría de los niños tienen demasiadas cosas en la cabeza. Puedes tener la sensación de que tienes tantas cosas por hacer y tantas por revisar que es posible que te sientas preocupado y agobiado.

¿He hecho todos mis deberes? ¿He metido en la mochila el trabajo que tengo que llevar al cole? ¿Qué hora es? ¿No puedo perder el autobús! ¿Vendrá mi amigo? ¿Hoy tenemos entrenamiento? ¿Me escogerán para que forme parte del equipo? ¿Me irá bien en el examen de mañana?

MÁS SOBRE ESTE TEMA PARA:

niños

[Centro de reducción del estrés](#)

[Qué hacer cuando te sientes estresado](#)

[Hacer yoga para reducir el estrés](#)

Hispanics and Gender Roles Worksheet.docx

[Download Hispanics and Gender Roles Worksheet.docx](#) (12.2 KB)

Name _____

Hispanics and Gender Roles

What is machismo? Do all Hispanic males exhibit it? It is a positive or negative thing?

Botánicas

Botánicas are small stores in Latino markets or shopping areas that specialize in the sale of healing herbs, among other items thought to provide protection – emulates, iconic statues, oils, candles, perfumes, holy waters, prayer sheets, etc.

EXPLORE RESOURCES – RESEARCH

- Annotated Bibliography
- Infographics / Brochures / Student Projects



Annotated Bibliography (Article Summaries with a focus on the intersection of faith and health)

Anastasia, E. A., & Bridges, A. J. (2015). Understanding service utilization disparities and depression in latinos: The role of fatalismo. *Journal of Immigrant and Minority Health*, 17(6), 1758-1764. doi:<http://dx.doi.org/10.1007/s10903-015-0196-y>

The study by Anastasia and Bridges (2015) examines the disparities in service utilization and the prevalence of depression among Latino populations, with a specific focus on the concept of "fatalismo," or fatalism. Fatalismo is the belief that outcomes are determined by fate and that individuals have little control over their lives. The authors explore how this mindset can impact Latinos' willingness to seek help for mental health issues, contributing to lower utilization of healthcare services. They argue that cultural beliefs and stigma surrounding mental health can deter individuals from accessing necessary treatment, leading to higher rates of untreated depression in these communities. By analyzing various factors, including socio-economic status, cultural attitudes, and mental health resources, the study highlights the importance of culturally tailored interventions to improve mental health service access in Latino populations. The findings underscore the need for healthcare providers to understand and address the unique cultural factors that may hinder service utilization, ensuring that care is more accessible and effective for Latino individuals grappling with depression.

Caplan S. Intersection of Cultural and Religious Beliefs About Mental Health: Latinos in the Faith-Based Setting. *Hispanic Health Care International*. 2019;17(1):4-10. doi:[10.1177/1540415319828265](https://doi.org/10.1177/1540415319828265)

The article by Caplan (2019) explores how cultural and religious beliefs impact mental health perceptions among Latinos in faith-based settings. It highlights that these beliefs can influence individuals' understanding and approach to mental health issues. The study emphasizes the significance of integrating cultural competence in mental health services to better address the needs of Latino populations. By recognizing the importance of faith and community in their lives, mental health providers can foster more effective care. The findings underline the need for mental health strategies that respect and incorporate the unique cultural and religious contexts of Latino individuals.



ACT

- Request invitation: amballart@bsu.edu
- Join Canvas community site
- Review, explore, provide feedback
- Contribute, collaborate, identify further needs
- Share, grow resources
- Use them to teach or learn

QUESTIONS?

