



Games

Three-Legged Race

- 1 Choose your starting and ending points (try one long track or do several laps to increase the distance).
- 2 Pair up the kids and have them stand side by side.
- 3 Tie one partner's left leg to the other partner's right leg to create "three legs."
- 4 On your mark, get set, go! Race to the finish line—the first pair wins!



Capture the flag



- 1 Choose your play area—it could be a big field or a small room. Just make sure it's safe and clear of hazards.
- 2 Split into two teams and pick sides. Choose something bright to be your flag.
- 3 The game begins! Try to grab the other team's flag and bring it back to your side. If you get tagged while on enemy territory, return to your side before rejoining the fun (and give the flag back if you had it).
- 4 Want more excitement? Add obstacles or create your own rules to add to the fun.

Scavenger Hunt

- 1 Decide where your scavenger hunt will take place (a museum, zoo, around the block, or the whole town!).
- 2 Make a list of fun things to find. Print it out so the kids can check off items as they go. You can find great lists online or make your own!
- 3 Head out and start your adventure! For larger groups, you can separate into teams and meet up somewhere fun at the end to compare how many you found.

