

# YOU HAVE AN EFFECT BEYOND YOUR ROLE

*... and your leadership in preventive health matters.*

Clement Waters delivers **practical, nature-based programs** that strengthen public health across individuals, households, and community systems.

1. Facilitating nature therapy and somatic sessions to **improve attention, stress regulation, and decision-making capacity** for individuals managing sustained hardship.
2. Providing household food-growing knowledge and seeds to **increase food access, reduce grocery strain, and support self-sufficiency** for families with limited resources.
3. Coordinating volunteer land stewardship to **improve safety and usability of a neglected urban space** as a shared environmental asset and service delivery site.
4. Coaching grassroots community leaders in holistic systems design and financial structures to **increase community group stability, prevent burnout, and strengthen innovators.**

## WHAT THIS WORK MAKES POSSIBLE

*... practical pathways for daily life*

- Restore people's capacity to think clearly and act with intention
- Strengthen food access and land stewardship at the household level
- Sustain community leaders doing essential work

*... real outcomes with real people*

- Stronger households • Stewarded lands • Supported leadership

*... proven, tangible impact*

675 volunteers engaged

450 trees planted

250+ seedlings distributed

## MEANINGFUL BOARD SERVICE

*... a home for your leadership*

Board members at Clement Waters **balance shared responsibilities** for strategy, financial oversight, and organizational performance. Board members own:

- setting direction, monitoring outcomes, and guiding long-range planning
- reviewing financials, approving budgets, and ensuring accountability and oversight
- participating in fundraising, decision-making, and upholding legal and ethical standards

This role reflects **your leadership in action**, grounded in accountability, disciplined oversight, decision-making, and sustained, real-world impact. [Connect with us](#) about board service.

