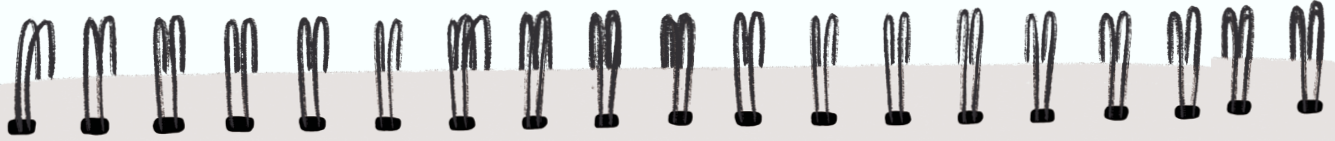




Homemade Ice Cream



You'll need:

☐ 1/2 cup half-and-half
(or a milk substitute)



☐ 1 tablespoon sugar



☐ 1/4 teaspoon vanilla



☐ 1 sandwich Ziploc bag



☐ 1-gallon Ziploc bag

☐ 3 cups crushed ice



☐ 1/3 cup rock salt



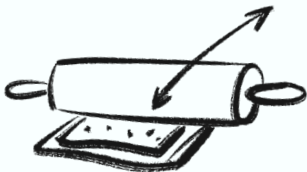
Instructions:



1 Mix the half-and-half OR milk substitute, sugar, and vanilla in the smaller Ziploc bag and seal it tight. You can also add crumbled cookies or other ingredients to spice things up!



2 Fill the larger bag with ice and rock salt, then place the smaller bag with your ingredients inside and seal it up.



3 Shake, squeeze, and roll the bag for about 10-15 minutes until the ice cream thickens. Check it along the way—it's all part of the fun!



4 Open the small bag and enjoy your homemade treat!

