

Webinar Series



Health Literacy
Solutions Center





Disclosure Statement

None of the planners for this activity have relevant financial relationship(s) to disclose with ineligible companies.



Housekeeping Notes

- **Please stay muted** unless invited to speak, to help reduce background noise.
 - **Use the chat** to share comments or questions.
 - **Use the “Raise Hand” feature** if you’d like to speak during Q&A.
 - This session is being recorded and will be shared with registrants after.
 - For tech support, message the host (IHA) in the chat.
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- After the webinar, you'll receive an email with a short evaluation form.
 - If you're requesting continuing education credits, **you must complete the evaluation to receive your certificate.**



Partnering with Teens to Improve Adolescent Health & Wellbeing



Erica Koepsel, MA - Director of Youth Engagement
Zion Lavoe- Special Projects Youth Partner

AdoleScent Health

- Adolescence is a critical time when patients set the stage for future health care experiences, often deciding during this phase whether they will become smart and engaged consumers of health care, or not.
- Youth are also developing important skills for their life as adults.
- If we engage youth during this phase, they can build trust within the health care system so that it's there for them when they DO need it!



The Core Story of Adolescence

- Adolescence is a time of remarkable opportunity to discover, learn, & adapt.
- Developing brains are well suited to these tasks!
- Youth need opportunities to experiment and explore to support their healthy development.
- Young people are a force for good in our communities and society, now and as they transition into adulthood.



Managing our own health care – like driving a car – is an important part of becoming an adult. At the end of the day, it's just making sure we're physically and mentally well so that we can do so many amazing things in life!

- PATCH Teen Educator

PATCH Mission...

To improve adolescent health and wellbeing alongside and in true partnership with youth.



Because THEY are the Experts

PATCH Vision...

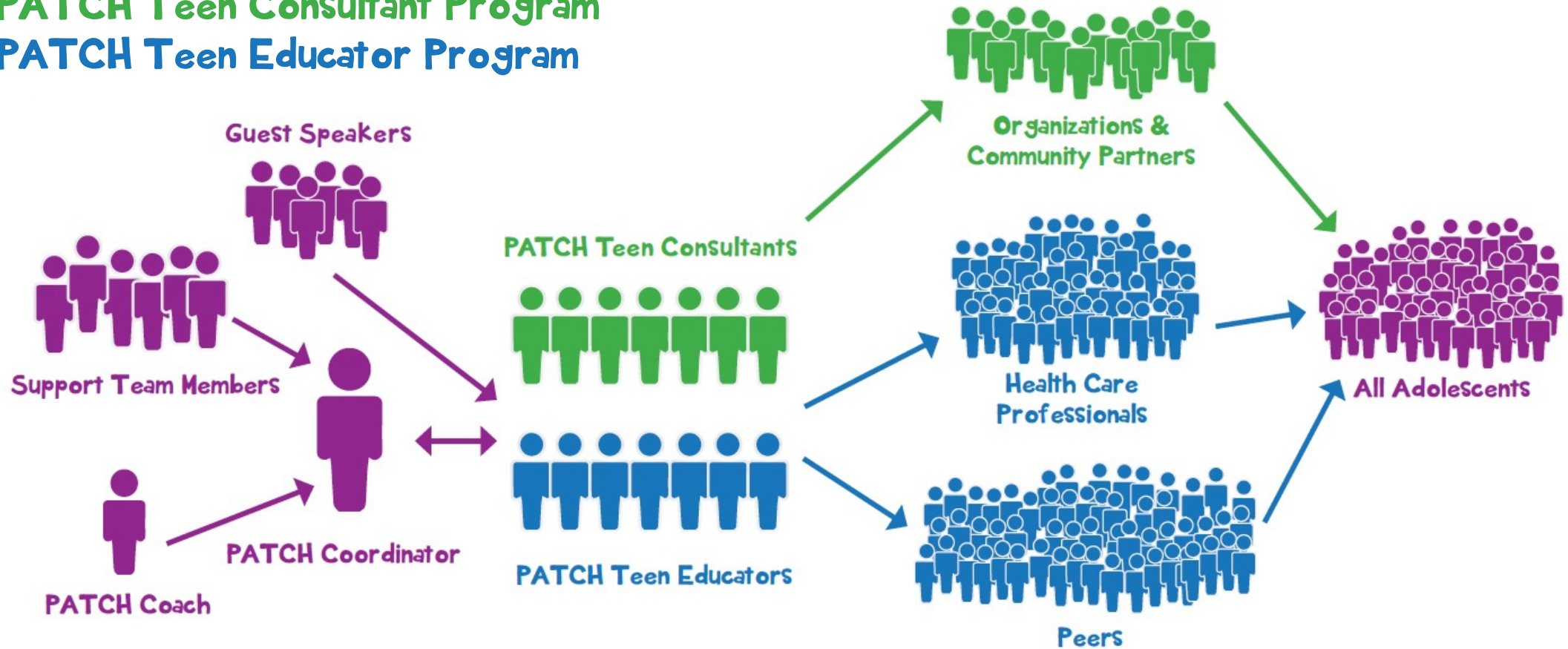
A supportive environment in which all youth are healthy, connected, and thriving.



PATCH Youth Programs

PATCH Teen Consultant Program

PATCH Teen Educator Program



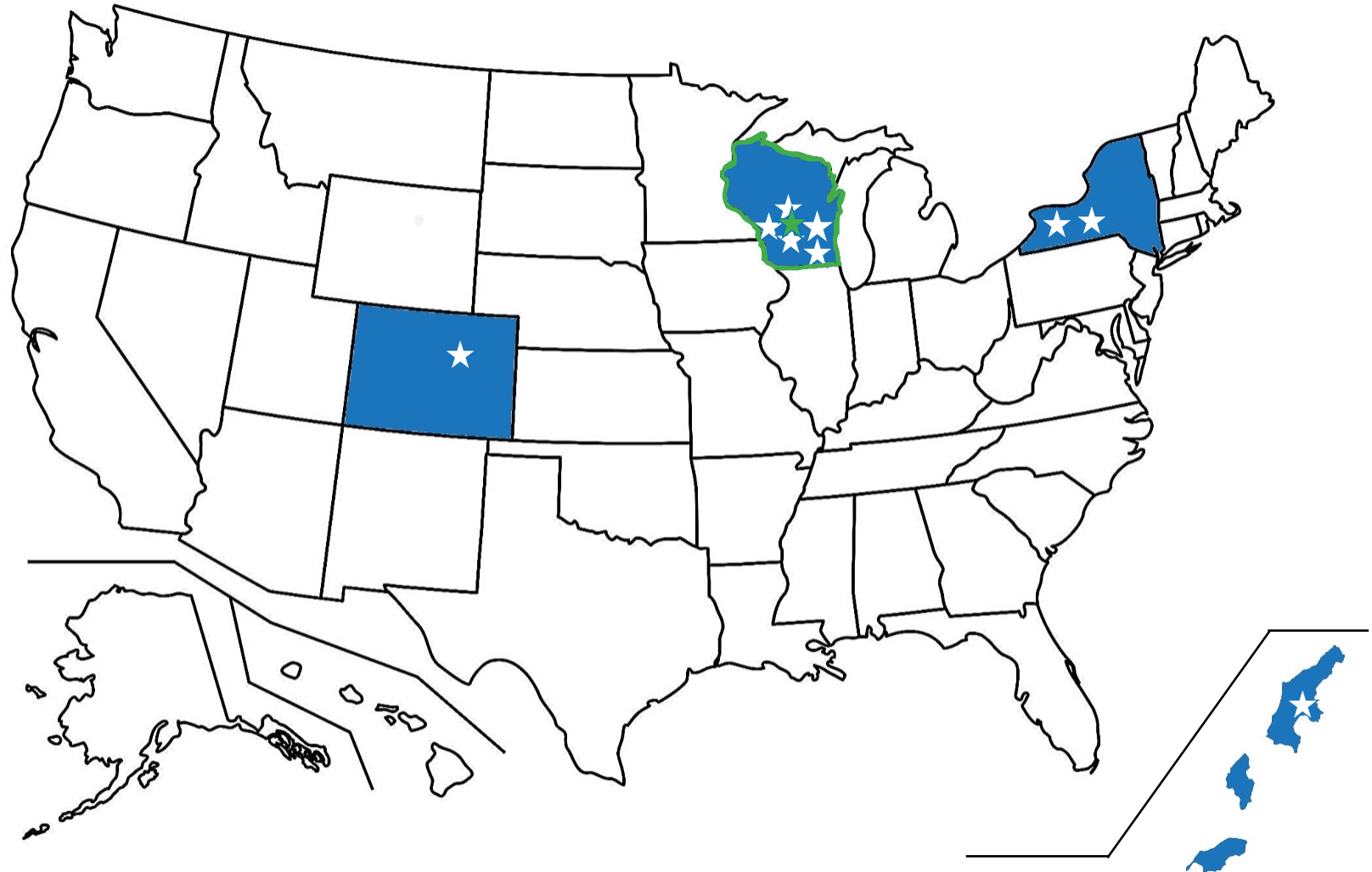


PATCH Youth Programs

PATCH Wisconsin Teen Consultant Program
PATCH WoCo Teen Consultant Program

 Current TE Programs (9)

 Current TC Programs (2)

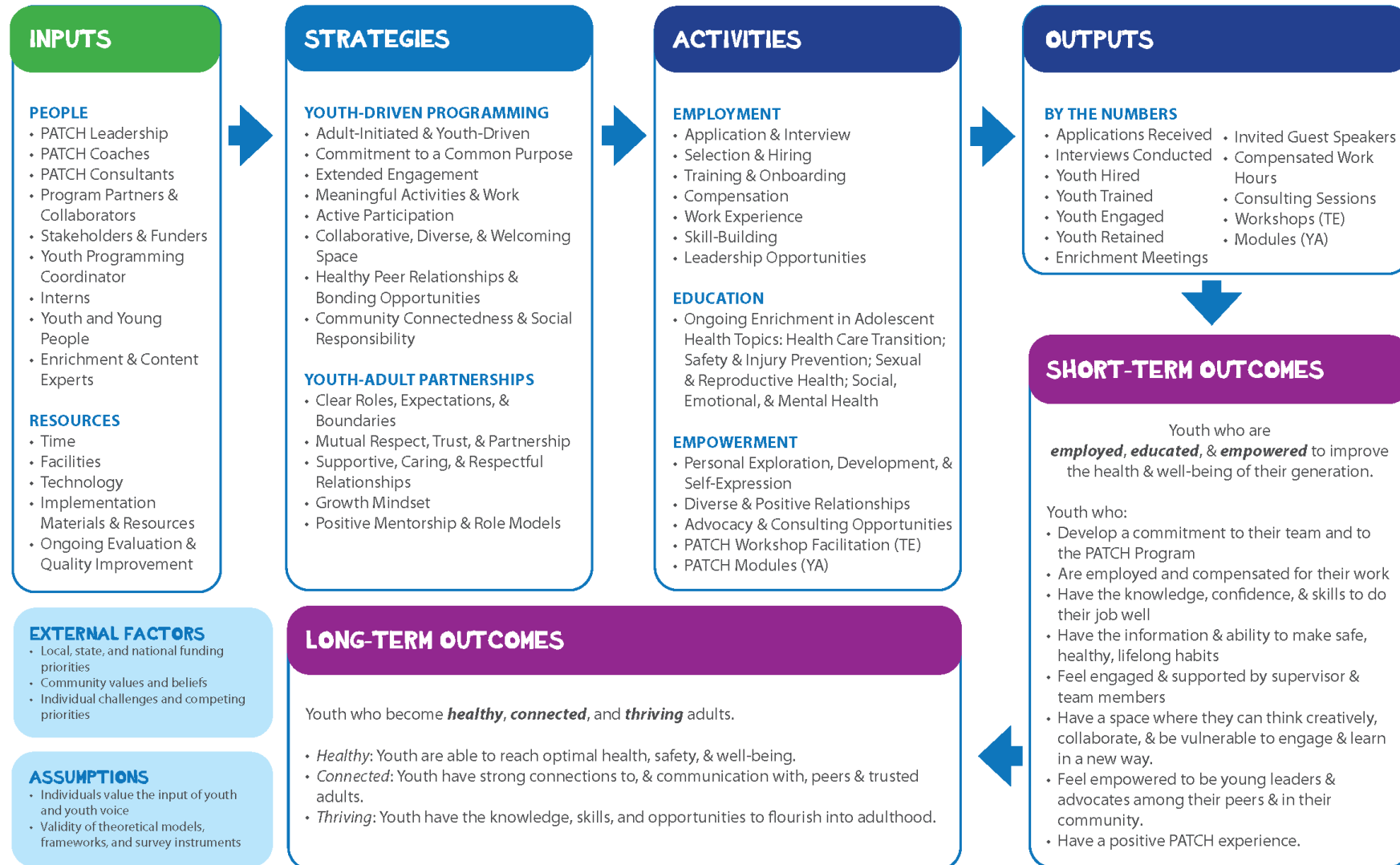


PATCH Madison
PATCH Wausau
PATCH CNMI

PATCH for Hope Buffalo
PATCH La Crosse
PATCH @ WNY Rural

PATCH Milwaukee
PATCH Denver
PATCH Green Bay

PATCH Model for Youth Engagement



Youth-Driven Programming

Youth-Driven

Adult offers well-defined programmatic structure
Youth provide ongoing input and share in decision making
Both set appropriate boundaries and expectations together
Both share accountability equitably



Adult-Led

Adults make choices for youth

Youth-Led

Youth are given “free-reign”

- Adapted from Washington Youth Voice Handbook

Youth Adult Partnerships

Youth are hired, trained, and supervised by a local professional that is specifically trained in our unique Model for Youth Engagement, focused on:

- Developing Relationships
- Offering vulnerability
- Establishing Boundaries
- Business Transparency
- Community Integration
- Cultivating Specialness

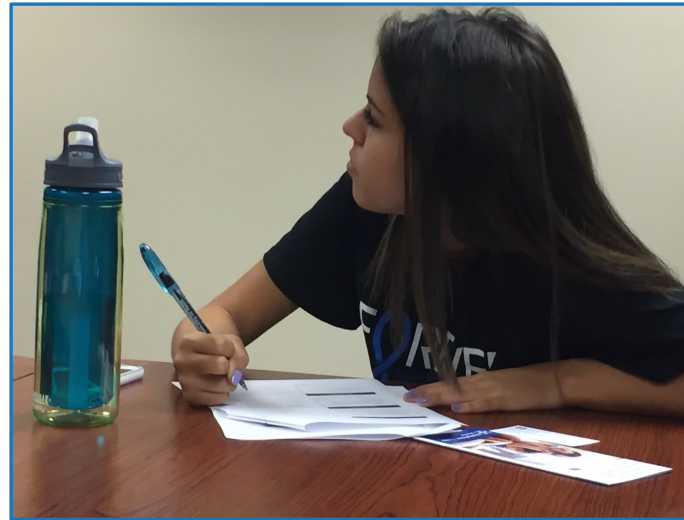


PATCH Model for Youth Engagement

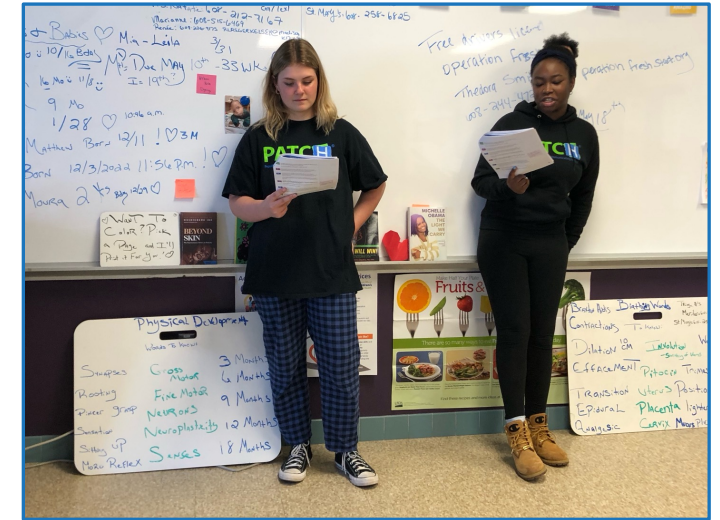
Employment



Education



Empowerment



Impact on Youth

PATCH has given me so much confidence in public speaking, a new and unique community of friends, opportunities in the public health world, insight, knowledge, compassion, and so many other things I'll never be able to put into words. It's made me my best me.

My favorite thing about PATCH is getting to interact with many different people, from different backgrounds, with different views. I like discussing important issues with people who are just as passionate and knowledgeable as I like to be. It makes me feel safe and gives me hope for the future.

I was truly given the opportunity to use my voice to be an advocate in my community!



Impact on Community

Providers	Overview
Knowledge	Increase knowledge about concerns, preferences, and realities of young people in health care settings, as well as skills and resources to effectively communicate and build positive relationships with teen patients.
Confidence	Increase confidence in personal ability to provide high-quality care to teens by creating a confidential, non-judgmental, and supportive environment that enhances a teen's willingness to be open and honest
Behavior Change	Increase behavioral intentions to utilize knowledge, skills, and resources in order to provide high-quality, youth-friendly care to teen patients
Youth	Overview
Knowledge	Increase knowledge about the importance of becoming involved in their own health care
Confidence	Increase confidence in being able to navigate and advocate for youth-friendly services
Behavior Change	Increased behavioral intentions to become more active participants in their own health care
Clients	Overview
Knowledge	Enhance knowledge, skills, and resources to effectively and meaningfully engage youth in adolescent health initiatives
Confidence	Increase confidence in being able to interact with and engage youth in programs and initiatives that impact them.
Behavior Change	Increase behavioral intentions to consistently implement practices that prioritize and integrate youth perspectives in the development and execution of programs, policies, and practices affecting adolescent health

PATCH for Teens Lessons

- Lesson 1** **What is Health Care & Why Do We Care?**
Define health care including who provides it, what services are offered, and why it matters
- Lesson 2** **The Importance of Patient/Provider Relationships**
Explain why it is essential to have an open and honest relationship with health care providers
- Lesson 3** **Teen Rights in Health Care**
Explore the legal rights that minors have in health care settings
- Lesson 4** **Taking Responsibility for Our Care**
Determine actions youth can take to get the health care they need and deserve
- Lesson 5** **Examining the Quality of Our Health Care**
Identify quality health care experiences and brainstorm ideas to improve negative ones
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PATCH for Parents Lesson

- Section 1** **What is Health Care & Why Do We Care?** - Participants will define health care including who provides it, what services are offered, and why it matters.
- Section 2** **Building Positive Patient/Provider Relationships** - Participants will explore the value of honesty, trust, and respect in patient/provider relationships.
- Section 3** **Teen Rights in Health Care** - Participants will understand the importance of privacy and confidentiality rights for teen patients and will address common parent and guardian concerns about these legal rights.
- Section 4** **Supporting Teens in Taking Responsibility for Their Own Health Care** - Participants will identify steps they can take to help teens learn to manage their own health and health care.
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We'd love to work with you!

Youth Engagement Programs

- Teen Educator Program
- Teen Consultant Program

Teen Engagement Support

- Ongoing Coaching
- Trainings & Presentations

Resources & Tools

- PATCH for Teens
- PATCH for Parents
- Posters, Brochures, Letters, & More

Elevating Teen Voices

- Youth Consulting Sessions
- Partnering with PATCH youth

Stay in touch!

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What questions do you have?

Please type your questions in the chat box.



Thank you for Attending